



YOU ARE INVITED TO OPEN YOURSELF TO A NEW SPIRITUAL EXPERIENCE

The Labyrinth, is the ancient practice of "circling to the center" by walking the labyrinth. The rediscovery of this self alignment tool to put our lives in perspective is one of the most important spiritual movements of our day. Labyrinths have been in use for over 4000 years. Their basic design is fundamental to nature and many cultures and religious traditions. Whatever one's religion...walking the labyrinth clears the mind and gives insight

One of the most famous labyrinths can be found in Chartres Cathedral in France. During the middle ages, pilgrims walked the labyrinths as part of their spiritual journey. Models based on this 11-circuit labyrinth are rapidly gaining popularity in the United States. Labyrinths are becoming a powerful tool for transformation to many on their spiritual journey.

We extend an invitation to all women to join Jan Turala, on March 27 from 9:00am-3:00 in Daniel Hall to learn about labyrinths and this prayerful experience this tradition. The day will be one of quiet and reflection. Donuts and coffee will be served along with lunch. This day is free to all members of the St. John Neumann Women's Organization. A fee of \$10.00 will be charged to non-members. However, we will allow you to apply the \$10.00 towards membership, if desired. Because the pattern of the labyrinth is delicate, those attending should come prepared to walk in stocking feet. There are labyrinths available which do not require walking. Please do not let walking keep you from experiencing this opportunity.

Join us as you learn about this ancient meditation tool of prayer, as we become "spiritual beings on a human path, not simply human beings on a spiritual path."

Please call Dolly Patella at 829-1951 or Linda Stentz at 851-1604 to assure your reservation for the day.