

To Sign Up for Retreat:

Turn in:

Permission Slip
Money (Check or cash)
Parent Volunteer Form

JrHi Retreat: WHAT TO BRING

- Bedding:** Sleeping bag & pillow
Air mattress if you wish (we will be on a tile floor)
Extra blanket if you get cold easily
- Clothing:** Dress Comfortably!
1 pair of pajamas
1 change of underwear
1 change of clothes for Saturday
- Other:** toiletries (deodorant, toothpaste, etc.)
(no shower available)
Camera (optional)
Musical instrument(s), etc. for Talent Show (optional)

1 2-liter and a snack to share

a-g: something sweet; h-p: something salty; q-z: fruit/veggie
(bring with you to retreat)

PLEASE REFRAIN FROM BRINGING:

Lighters, matches, MP3 players, cellphones, electronic games, and money

****Activities/Games will be made available during Free Time****